



# Weekly Highlights

Week 27/28 - Saturday 5th - Friday 11th July 2025



**UEFA Women's  
Euro 2025**



**UEFA Women's Euro 2025:  
France v England  
Saturday, 7pm  
5th July  
ITV1**

**Laura Woods presents as England begin the defence of their crown with their first match of UEFA Euro 2025 against France in Zurich at the Stadion Letzigrund.**

England are in a tricky group which features the Netherlands, who won this competition in 2017, and local rivals Wales alongside France. Sarina Wiegman has had a turbulent build-up to the tournament, but she will now be focused on this opening encounter.



**Suspicion  
Saturday, 10.45pm  
5th July  
ITV1**

**A mystery thriller series about five ordinary Britons who try to prove their innocence when they are accused of kidnapping the son of a prominent US media mogul.**

As the suspense-packed series continues, the suspects return home from the United States and attempt to patch their lives back together. However, a surprising connection is revealed, throwing everything that had happened before completely in the air.



**UEFA Women's Euro 2025:  
Switzerland v Iceland  
Sunday, 7.10pm  
6th July  
ITV1**

**Seema Jaswal presents the UEFA Women's Euro 2025 match between tournament hosts Switzerland and Iceland as the Group A contenders face each other in Bern.**

The countries recently faced each other in the UEFA Women's Nations League with both games ending in a draw as a goalless match in Zurich in February was followed by a 3-3 draw in Reykjavik in April. Finland and Norway make up the rest of Group A.



**UEFA Women's Euro 2025:  
Spain v Belgium  
Monday, 4.15pm  
7th July  
ITV1**

**Seema Jaswal presents the UEFA Women's Euro 2025 Group B game between world champions Spain and Belgium - who aren't among the favourite - in Thun.**

World champions Spain are blessed with an array of talent including Barcelona trio Alexia Putellas, Aitana Bonmati and Claudia Pina, but Belgium won't be daunted by the challenge having proved their mettle with a victory over England in the Nations League.



**UEFA Women's Euro 2025:  
Portugal v Italy  
Monday, 7:15pm  
7th July  
ITV1**

**Laura Woods hosts a UEFA Women's Euro 2025 match between Portugal and two-time Euros runners-up Italy as the Group B contenders go head to head in Geneva.**

Portugal are making their third consecutive appearance having never qualified for the tournament before 2017 as they take on Italy. Both teams will hope to get off to a good start, with the knowledge that Spain and Belgium await them in their other group games.



**UEFA Women's Euro 2025:  
France v Wales  
Wednesday, 7pm  
9th July  
ITV1**

**Laura Woods presents from St Gallen in Switzerland as Wales - who are taking part in their first major tournament - take on France in their second Euro 2025 game.**

Wales are in a tricky group alongside France, as both also have to take on the last two European Championship winners in the Netherlands, who won in 2017, and near neighbours and rivals England, who are the reigning champions thanks to their 2022 win.



**ITV Racing: Live from Newmarket**  
**Thursday & Friday, 1.30pm**  
**10th & 11th July**  
**ITV1**

**Ed Chamberlin and Francesca Cumani present coverage of the 2025 July meeting at Newmarket. Richard Hoiles provides the commentary on all of the biggest races.**

Thursday's highlight is the Princess of Wales Stakes for older horses, alongside the Bahrain Trophy. The race of the day on Friday is the Falmouth Stakes, and there are also three supporting races from Newmarket alongside action from York.



**Noel Edmonds' Kiwi Adventure**  
**Friday, 9pm**  
**11th July**  
**ITV1**

**Reality series following TV presenter Noel Edmonds and his wife Liz as they turn their vision of a hospitality business in a quiet town in New Zealand into a success.**

High season nears and business is still struggling. Noel and his team plan a celebration of 75 years of Jaguar to turn things around, but will it finally bring the business into the black? Meanwhile, there is a heartfelt moment when Noel has a proposal for Liz.



**Love Island**  
**Saturday-Friday, 9pm**  
**5th-11th July**  
**ITV2**

The dating show continues as our fresh batch of singles enjoy the summer of a lifetime in the ultimate search for love with host Maya Jama as CEO of proceedings.

The Islanders may be having the time of their lives, but they also know to expect the unexpected... as always, there's a chance to catch up with Unseen Bits on Saturday at 9pm and for viewers to have their say with Love Island: Aftersun on Sunday at 10pm.



**Star Trek Into Darkness**  
**Sunday, 6.20pm**  
**6th July**  
**ITV2**

Chris Pine and Zachary Quinto lead another all-star cast in the second of noted director JJ Abrams' popular film reboots of the universally adored sci-fi franchise.

When the crew of the USS Enterprise is called back home and finds that an unstoppable force of terror from within their own organisation has destroyed the fleet, Captain Kirk leads a manhunt to a war zone world to capture a one-man weapon of mass destruction.



**Midsomer Murders**  
**Monday, 8pm**  
**7th July**  
**ITV3**

The popular detective series, based on the novels by Caroline Graham, that follows Inspector Barnaby as he investigates mysteries in the heart of Middle England.

When a local tramp is found murdered in the woods following a hunt meet, a local poacher is arrested and jailed - when the young lad's father is then also brutally murdered, DCI Tom Barnaby and DS Troy realise that there is much more to this case...



**Vera**  
**Thursday, 8pm**  
**10th July**  
**ITV3**

Crime drama series following DCI Vera Stanhope, a detective who tackles every case with unparalleled gusto and professionalism alongside her trusted colleagues.

Vera's reunion with Stuart Macken, her first sergeant, occurs under tragic circumstances when his house is petrol bombed - when Vera is shocked to see that Stuart is a shadow of the man she knew, her investigation uncovers unpleasant revelations about his life.



**Tour de France Live**  
**Saturday-Friday, various times**  
**5th-11th July**  
**ITV4**

Gary Imlach presents coverage from the first seven stages of the 2025 Tour de France as the peloton embarks upon the 112th edition of the classic cycling event.

Beginning with a 185-kilometre route around Lille in the north of the country, the highlights from the first week include the longest stage of this year's race (Stage 2), a 33-kilometre individual time trial around Caen, and the first stage to move into Brittany.



**World Series of Darts:**  
**Poland Masters**  
**Saturday, 6pm**  
**5th July**  
**ITV4**

Coverage of the second and final day of the 2025 Poland Masters from Gilwice as eight players try to become the latest winner on the World Series of Darts tour.

Luke Littler won this event in 2024 with a resounding 8-3 defeat of fellow Englishman Rob Cross in the final and is set to return to the PreZero Arena to defend his title, but there will be tough competition from the likes of Cross, Jonny Clayton and Gerwyn Price.