



Weekly Highlights

Week 04/05 - Saturday 24th - Friday 30th January 2026

After the Flood
Sunday &
Monday, 9pm





ITV Racing: Live from Cheltenham
Saturday, 12.45pm
24th January
ITV1

The team are at Cheltenham for a key trials day, featuring the Grade Two International Hurdle, as preparations continue for the Cheltenham Festival in March.

The feature meeting of the day also includes the Cleeve Hurdle and the Cotswold Chase as part of a great day of racing - winners of the International Hurdle in recent years have included Lossiemouth (2024) and the Nicky Henderson-trained Constitution Hill (2025).



Wheel of Fortune
Saturday, 6pm
24th January
ITV1

Graham Norton presents a modern take on the game show where contestants battle it out to win cash prizes by spinning a famous wheel and solve a series of puzzles.

It's a couples' edition this time as Graham Norton welcomes three pairs - Corinne and Aaron, Quamelle and Adam, and Len and Nancy - who are all hoping to keep the sparks flying in the studio and take the 50,000-pound prize home. Which pair will be victorious?



The Masked Singer
Saturday, 7pm
24th January
ITV1

The surreal and surprising singing show that asks one question - 'Who is behind the mask?' - as a starry panel watch gripping performances by celebrities in disguise.

Joel Dommett is joined by panellists Jonathan Ross, Davina McCall, Maya Jama, Mo Gilligan and special guest Perrie Edwards as all eight remaining Masked Singers unite for the first time and a jaw-dropping double unmasking... but who will be behind the masks?



The 1% Club
Saturday, 8.30pm
24th January
ITV1

Lee Mack hosts the quiz show where 100 contestants compete to win up to 100,000 pounds by answering a question that only one per cent of the country can get right.

Have you ever wondered how clever you are? Do you think you might be in the top 50 per cent of the country, the top ten per cent, or even the top one per cent? Here's your chance to find out as Lee presents another edition of the nation's favourite game show!



The Hunting Wives
Saturday, 11.15pm
24th January
ITV1

A thrilling mystery drama series, based on a novel by American writer May Cobb, about a woman who moves into East Texas and succumbs to a socialite's charms.

Having gotten inside his trailer, Sophie attempts to get a paranoid Kyle to talk while desperate for any leads that might help prove her innocence - elsewhere, Margo hits the campaign trail, Brad begins to question his alibi, and Nina's fondness for Pete grows.



The Floor
Sunday, 6.55pm
25th January
ITV1

Rob Brydon hosts the dramatic and fast-paced game show where 81 contestants battle it out over tense trivia duels to try conquer The Floor and win 50,000 pounds.

The competition is heating up on The Floor with just 57 players left - as each win expands a player's territory while each loss sends another home, and a 50,000-pound jackpot is up for grabs at the end of the series, it's all to play for as friends turn to foes...



Ant and Dec's Limitless Win
Sunday, 8pm
25th January
ITV1

This entertainment game show features the world's first limitless jackpot - every question is an opportunity to climb the endless money ladder and reach big money.

After husband-and-wife team Ricky and Manisha set their sights on a six-figure sum with the aid of their Limitless Win spreadsheet, brainy brothers Alistair and Ashley aim to climb high up the ladder and turn Ashley's five university degrees into some big money.



After the Flood
Sunday & Monday, 9pm
25th & 26th January
ITV1

Mystery thriller about the continuing investigations of detective Jo Marshall as she investigates a perplexing double murder and confronts the corrupt Sergeant Mackie.

When Jo discovers that the two dead men and an accomplice targeted a chemical company belonging to Alan Benson, she must find this third person in time - while two surprise suspects land in custody, Sergeant Mackie makes an unwelcome discovery.



**Killer in the House:
The Murders of Lesley Howell
and Trevor Buchanan**
Tuesday, 9pm
27th January
ITV1

The extraordinary true story of an almost perfect murder, this crime documentary examines the case of one of the UK's most notorious double killings back in 1991.

Colin Howell was a married dentist in an affair with married Sunday school teacher Hazel Buchanan - they agreed the only way they could be together is if they killed their spouses. This film sees Colin's three children speak for the first time about their father.



Grantchester
Wednesday, 9pm
28th January
ITV1

1950s-set crime drama series about a vicar who feels compelled to help a local copper investigate violence in the quiet parish of Grantchester in Cambridgeshire.

Leonard has landed himself in trouble - drunk and causing disruption in the local boozier, Larry is called in and arrests him. When police sergeant Floyd brings up his previous stint in prison and calls him 'son', Leonard lashes out... but might he have managed to kill him?



Long Lost Family
Thursday, 9pm
29th January
ITV1

Davina McCall and Nicky Campbell present the documentary series which aims to reunite family members desperate to find long-lost relatives after years apart.

This episode follows the cases of two women searching for older siblings they've never met - while Mandy wants to find her big sister after learning of a family secret from her late dad, Jane wants to find the brother that her mum gave birth to 11 months before her.



Devil in Disguise:
John Wayne Gacy
Friday, 9pm
30th January
ITV1

US drama, based on real events, that peels back the twisted layers of John Wayne Gacy's life while weaving in the stories of his victims and the failures to stop him.

When teenager Robert Piest disappears on his mother's birthday, Des Plaines Police Department officers track, interrogate and tail John Wayne Gacy, the contractor that Piest was last seen with. Could this charming all-American man be a sadistic murderer?



Love Island: All Stars
Saturday-Friday, 9pm
24th-30th January
ITV2

This series gives famous former Islanders another shot at finding the one - relationships will be put to the test, heads will turn, and only one pair can triumph.

As the cast of familiar faces settle into their daily routine of dating, flirting, dumping and more, they all know to be ready to expect the unexpected in paradise - find out if any of them will find the one this time, and don't forget all the Unseen Bits on Saturday at 9pm.



Olivia Attwood:
Getting Filthy Rich
Sunday, 10pm
25th January
ITV2

The return of the extraordinary documentary series where reality star Olivia Attwood explores the new and uncharted worlds involved with the selling of sex.

Olivia tracks down the women making divisive stunts in a bid to go viral and attract new subscribers. They include Lily Phillips - who tells Olivia how sleeping with 101 men in a day helped her buy a house which she paid for in cash - and football fan Arabella.



Grace
Wednesday, 8pm
28th January
ITV3

An intense crime drama series about Brighton-based Detective Superintendent Roy Grace, a hard-working police officer who gives his life to his job and cracking cases.

As the drama starring John Simm continues, a sinister inquiry into skeletal remains found in a forgotten Brighton storm drain takes Grace down a labyrinthine trail through the past, but it's not only on the professional front that he's soon chasing ghosts on...



Midsomer Murders
Saturday, 8pm
24th January
ITV3

The popular detective series, based on the novels by Caroline Graham, that follows Inspector Barnaby as he investigates mysteries in the heart of Middle England.

When the Inkpen family try to turn Midsomer Deverell's Memorial Garden into a teashop, warring families, illegitimacy, sexual liaisons and a potent home brew confront Detective Chief Inspector Tom Barnaby as he investigates a murder in the garden.



Darts: The Masters
Thursday & Friday, 7pm
29th & 30th January
ITV4

Pete Greaves, Chris Mason, Mark Webster and Wayne Mardle are among the team bringing us one of darts' major tournaments as the Masters gets underway.

The squad are at MK Arena in Milton Keynes as Luke Humphries attempts to defend his Winmau World Masters title that he won here in 2025 against a truly world-class field including Luke Littler, Michael van Gerwen, Rob Cross, Nathan Aspinall and more.



World Rally Championship
Highlights
Tuesday, 8pm
27th January
ITV4

All of the best bits from the World Rally Championship as a new season gets underway in Monte-Carlo, and drivers chase the title Sebastien Ogier won in 2025.

Round One is the Rallye Monte-Carlo - the WRC's jewel in the crown and the oldest in the calendar. First run in 1911, it was designed to promote Monte-Carlo as a tourist destination, with competitors starting from European cities before gathering in Monaco.